



SWEDISH LINSEED PAINT



The rediscovery of ancient wisdom

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LINSEED OIL SOAP

(Please also see The Little Handbook and Videos on our website)

Allbäck Linseed Oil Soap is made from water and cleaned cold-pressed raw linseed oil - a pure natural product, without additives or chemicals.

General Use Suitability

Linseed Oil Soap is suitable for use on all types of surfaces including in the kitchen, bathroom, and on wood, stone and plastic floors and work surfaces etc. It can also be used for stain removal and personal hygiene. Exceptions are in the dishwasher and for cleaning windowpanes. It has a healing effect on minor wounds or skin irritation. A small amount of linseed oil does not wash away and remains as a barrier for extra protection.

Painting Suitability

Using Linseed Oil Soap is much safer than using solvents like white spirit or turpentine to clean paintbrushes. Solvents can enter the body through your skin and damage your health. In Denmark a disease "Painter's Dementia" is officially recognised as being caused by solvents in, and associated with the use of alkyd (or oil) paints.

Linseed Oil Soap is suitable for cleaning equipment and brushes when using The Allbäck Linseed Oil Products or any other water-based paint.

Application and Dosage:

For paint brushes and hands:

Mix soap with a little water. Work into brushes and leave. Rinse with warm water; repeat if necessary.

For flooring:

Take about 100 ml of the soap to a bucket of water (use less water for heavy duty cleaning). Scrub and let dry.

For other surfaces where dirt is ingrained:

Ovens, stoves, the car, kitchen work surfaces or stains on textiles. Apply undiluted soap onto the surface. Add a little water. Rub the surface and leave. Rinse with water or wash out in the washing machine if suitable fabric.

For cleaning rusty fittings before painting

Boil rusty fittings in a solution of 50% soap and 50% water for a few hours. Leave fittings in water to cool overnight. Remove the fittings, brush them clean in new water and allow to dry. They are now ready to be painted with Linseed Oil Paint.

Notes

- For surfaces, always clean a test area first.
- In hard water white specks may appear when the soap is mixed in. This will not affect the cleaning power.
- Warning: Floors and surfaces cleaned with normal/general soaps may need further cleaning (e.g. with more water and a wet vacuum) if you are going to paint it with Linseed Oil Paint or treat it with Linseed Oil Wax.
- A floor or surface treated with lye solutions must be neutralised with acetic acid and water before being treated with Linseed Oil Paint or Linseed Oil Wax.